8" Apple Pie

INGREDIENTS: Apples, Water, Wheat Flour*, Vegetable Oil (Palm and/or Soybean Oil), Sugar, Food Starch-Modified, Contains less than 2% of the following: Nonfat Milk*, Dairy Whey*, Corn Syrup, Salt, Spices, Dextrose, Rice Flour, Mono- and Diglycerides, Casein (Milk)*, Disodium Phosphate, Carrageen, Beta Carotene (color), Malic Acid, Citric Acid, Sodium Propionate and Potassium Sorbate (preservatives).

ALLERGENS: Contains Wheat, Milk. Manufactured on equipment that also produces products containing tree nuts, egg and soy lecithin.

Not Gluten Free

Nutrition Facts

Serving Size 1/5 of pie (4.4 oz) (125g)
Serving Per Container 5

Amount Per Serving

Calories 300	Calories from Fat 140
	%Daily Value*
Total Fat 16g	**25%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 290mg	**12%**
Total Carbohydrate 37g	**12%**
Dietary Fiber 4g	**16%**
Sugars 9g	
Protein 3g	

Vitamin A 0%	•	Vitamin C 0%	
Calcium 2%	•	Iron 6%	

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

8" Pumpkin Pie

INGREDIENTS: Pumpkin, Water, Wheat Flour*, Sugar, Vegetable Oil (Palm and/or Soybean Oil), Whole Eggs*, Corn Syrup, Contains less than 2% of the following: Nonfat Milk*, Whole Milk*, Dairy Whey*, Butter*, Food Starch-Modified, Dextrose, Salt, Spices, Mono- & Di-Glycerides, Carob Bean Gum, Carrageen, Potassium Chloride, Xanthan Gum, Whole Wheat/Graham Flour*, Palm Kernel Oil, Molasses, Honey, Baking Soda, Natural & Artificial Flavors, Glucono Delta Lactone, Citric Acid, Sorbic Acid, Potassium Sorbate and Sodium Propionate (preservatives).

ALLERGENS: Contains Milk, Wheat, Eggs. Manufactured on equipment that also produces products containing tree nuts, egg and soy lecithin.

Not Gluten Free

Nutrition Facts

Serving Size 1/5 of pie (4.4 oz) (125g)
Serving Per Container 5

Amount Per Serving

Calories 270	Calories from Fat 110
	%Daily Value*
Total Fat 12g	**18%**
Saturated Fat 6g	**30%**
Trans Fat 0g	
Cholesterol 30mg	**10%**
Sodium 310mg	**13%**
Total Carbohydrate 39g	**13%**
Dietary Fiber 3g	**12%**
Sugars 18g	
Protein 4g	

Vitamin A 140% • Vitamin C 4%

Calcium 8% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Beef Gravy

INGREDIENTS: Water, Gravy Base (Maltodextrin, modified corn stach, wheat flour, beef fat, hydrolyzed soy and corn protein, tomato powder, yeast extract, onion powder, salt, dried beef broth, caramel color, mono and diglycerides, spices, disodium inosate, disodium guanylate, sugar, torula yeast, mushroom powder, natural flavor, wine solids, xanthum gum) and Nisin Preparation

ALLERGENS: Contains Wheat, Soy

Not Gluten Free

Nutrition Facts

Serving Size 1/4 cup (57g)
Serving Per Container 12

Amount Per Serving

Calories 30	Calories from Fat 0
	%Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 250mg	**10%**
Total Carbohydrate 5g	**2%**
Dietary Fiber 0g	**0%**
Sugars 0g	
Protein 1g	

Vitamin A 0%	•		Vitamin C 0%
Calcium 0%	•		Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Butterball Fresh Baked Turkey (10-12 lbs)

INGREDIENTS: Turkey, Water, Salt, Dextrose, Sodium Phosphate, Natural Butter Type Flavor, Caramel Color Added

ALLERGENS: None

Gluten Free

Nutrition Facts

Serving Size 3 oz (84g)

Amount Per Serving

Calories 140	Calories from Fat 70
	%Daily Value*
Total Fat 8g	**12%**
Saturated Fat 2g	**10%**
Trans Fat 0g	
Cholesterol 60mg	**20%**
Sodium 420mg	**18%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Sugars 0g	
Protein 18g	

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Butternut Squash

INGREDIENTS: Butternut Squash, Butter (Cream, Salt), Water, Brown Sugar, Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Food Starch-Modified, Salt, Maltodextrin, Cultured Dextrose, Sodium Diacetate, Egg White Lysozyme, Nisin Preparation, Egg Shade Artificial Color (Water, Yellow 5 & Yellow 6, Citric Acid, Sodium Benzoate [As Preservative], Red 40), White Pepper, Nutmeg.

ALLERGENS: Contains Wheat, Milk, Eggs

Not Gluten Free

Nutrition Facts

Serving Size 1/2 cup (110g)
Serving Per Container 6

Amount Per Serving	
Calories 90	Calories from Fat 25
	%Daily Value*
Total Fat 3g	**5%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 190mg	**8%**
Total Carbohydrate 16g	**5%**
Dietary Fiber 2g	**8%**
Sugars 7g	
Protein 1g	

Vitamin A 110% • Vitamin C 20%

Calcium 4% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Carando Spiral Ham

INGREDIENTS: Fresh Pork Hams, Water, Sugar, Salt, Potassium Lactate, Brown sugar, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate.

ALLERGENS: None

Not Gluten Free

Nutrition Facts

Serving Size 3 oz (84g)

Amount Per Serving

Calories 140	Calories from Fat 60
	%Daily Value*
Total Fat 7g	**11%**
Saturated Fat 2.5g	**13%**
Trans Fat 0g	
Cholesterol 60mg	**20%**
Sodium 850mg	**35%**
Total Carbohydrate 2g	**1%**
Dietary Fiber 0g	**0%**
Sugars 2g	
Protein 16g	

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Certified Angus Beef Fully Cooked Prime Rib

INGREDIENTS: Prime Rib rubbed with Salt, Dextrose, Caramel Colorings, Spices, Ground Celery, Extractives of Onion and Garlic

ALLERGENS: None

Gluten Free

Nutrition Facts

Serving Size 3 oz (85g)

Amount Per Serving

Calories 210	Calories from Fat 150
	%Daily Value*
Total Fat 17g	**26%**
Saturated Fat 9g	**45%**
Trans Fat 0g	
Cholesterol 70mg	**23%**
Sodium 135mg	**6%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Sugars 0g	
Protein 16g	

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Cranberry Relish

INGREDIENTS: Cranberres, Sugar, Water, Orange Concentrate, Contians 2% or less of: Modified Corn Starch, Lemon Juice, Nisin Preparation, and Ginger

ALLERGENS: None

Gluten Free

Nutrition Facts

Serving Size 1/4 cup (70g)
Serving Per Container 1

Amount Per Serving

Calories 100	Calories from Fat 0
	%Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 27g	**9%**
Dietary Fiber 1g	**4%**
Sugars 23g	
Protein 0g	

Vitamin A 0% • Vitamin C 8%

Calcium 0% • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Creamed Spinach

INGREDIENTS: Spinach, Light Cream (Milk, Cream), Butter (Cream, Salt), Parmesan Cheese (Pasteurized Cow's Milk, Rennet, Salt), Romano Cheese (Pasteurized Sheep's Milk, Rennet, Salt), Shredded Parmesan Cheese (Skimmed, Pasteurized Cow's Milk, Culture, Salt, Rennet), Food Starch - Modified, Maltodextrin, Cultured Dextrose, Sodium Diacetate, Egg White Lysozyme, Nisin Preparation, Salt, Nutmeg, White Pepper.

ALLERGENS: Contains Milk, Egg

Gluten Free

Nutrition Facts

Serving Size 1/2 cup (110g)
Serving Per Container 6

Amount Per Serving

Calories 190	Calories from Fat 150
	%Daily Value*
Total Fat 17g	**26%**
Saturated Fat 11g	**55%**
Trans Fat 0g	
Cholesterol 50mg	**17%**
Sodium 500mg	**21%**
Total Carbohydrate 4g	**1%**
Dietary Fiber 2g	**8%**
Sugars 1g	
Protein 7g	

Vitamin A 100% • Vitamin C 8%

Calcium 20% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Dinner Rolls 12 count; 18 oz.

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Partially Hydrogenated Soybean Oil, Contains 2% or less of the following: Yeast, Salt, Wheat Gluten, Dough Conditioners (Sodium Stearoyl Lactylate, Monoglycerides), Corn Flour, Sugar, Yeast Nutrients (Monocalcium Phosphate, Ammonium Sulfate), Calcium Propionate (Preservative), Tumeric and Annatto, Soy Lecithin.

ALLERGENS: Contains Wheat, Soy

Not Gluten Free

Nutrition Facts

Serving Size 1 roll (42g)
Serving Per Container 12

Amount Per Serving

Calories 100	Calories from Fat 10
	%Daily Value*
Total Fat 1g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 190mg	**8%**
Total Carbohydrate 21g	**7%**
Dietary Fiber 2g	**8%**
Sugars 1g	
Protein 3g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 6%	•	Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Mashed Potatoes

INGREDIENTS: Potatoes, Water, Butter (Sweet Cream, Salt, Annato Color), Sour Cream (Cultured Cream, Milk, Modified Food Starch [Contains Wheat], Sodium Phosphate, Guar Gum, Carrageenan , Calcium Sulfate, Locust Bean Gum, Cultures, Coagulant, Natamycin [Natural Preservative]), Milk, Cream, Salt, Potassium Sorbate [To Protect Flavor].

ALLERGENS: Contains Milk, Wheat

Not Gluten Free

Nutrition Facts

Serving Size 1/2 cup (124g)
Serving Per Container 1

Amount Per Serving

Calories 130	Calories from Fat 30
	%Daily Value*
Total Fat 3.5g	**5%**
Saturated Fat 2g	**10%**
Trans Fat 0g	
Cholesterol 10mg	**3%**
Sodium 570mg	**24%**
Total Carbohydrate 21g	**7%**
Dietary Fiber 3g	**12%**
Sugars 0g	
Protein 2g	

Vitamin A 2% • Vitamin C 0%

Calcium 0% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Redskin Garlic Mashed Potatoes

INGREDIENTS: Red Potatoes, Whole Milk, Heavy Cream (cream, carageenan, mono and diglycerides, polysorbate 80), Butter (sweet cream, salt, annatto color), Roasted Garlic Base (roasted garlic, salt, maltodextrin, natural flavoring, cornstarch, canola oil, sesame oil), Salt Modified Corn Starch, Water, Potassium Sorbate to protect flavor, Titanium dioxide [color], Disodium Pyrophosphate to maintain color.

ALLERGENS: Milk

Gluten Free

Nutrition Facts

Serving Size 1/2 cup (124g)
Serving Per Container 1

Amount Per Serving

Calories 160	Calories from Fat 50
	%Daily Value*
Total Fat 6g	**9%**
Saturated Fat 4g	**20%**
Trans Fat 0g	
Cholesterol 25mg	**8%**
Sodium 450mg	**19%**
Total Carbohydrate 22g	**7%**
Dietary Fiber 2g	**8%**
Sugars 1g	
Protein 3g	

Vitamin A 6% • Vitamin C 4%

Calcium 2% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Snowflake Dinner Rolls 12 count; 16 oz.

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Partially Hydrogenated Soybean Oil, Yeast, Contains 2% or less of the following: Salt, Wheat Gluten, Dough Conditioners (Mono & Diglycerides, Sodium Stearoyl Lactylate, Ethoxylated Mono and Diglycerides, Calcium Peroxide), Corn Flour, Yeast Nutrients (Monocalcium Phosphate, Ammonium Sulfate, Ammonium Chloride, Calcium Sulfate), Sugar, Calcium Propionate (Preservative), Soy Lecithin.

ALLERGENS: Contains Wheat, Soy

Not Gluten Free

Nutrition Facts

Serving Size 1 roll (38g)
Serving Per Container 12

Amount Per Serving	
Calories 90	Calories from Fat 10
	%Daily Value*
Total Fat 1g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 170mg	**7%**
Total Carbohydrate 19g	**6%**
Dietary Fiber 2g	**8%**
Sugars 1g	
Protein 3g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 2%	•	Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Stuffing

INGREDIENTS: Water, Onion, Celery, Croutons (Enriched Flour [Wheat Flour, Niacin, Iron, Thiamin, Mononitrate {Vitamin B1}, Riboflavin {Vitamin B12}, Folic Acid], High Fructose Corn Syrup, Partially Hydrogenated Vegetable Oil [Soybean and/or Cottonseed Oils], Salt. Contains 2% or less of each of the following: Yeast, Calcium Propionate [Preservative], Caramel Color, Soy Lecithin, Soy Flour), Soy Bean Oil, Bread Crumbs (Bleached Wheat Flour, Yeast, Sugar, Salt), Sugar, Salt, Chicken Flavored Base (Salt, Sugar, Chicken Fat, Maltodextrin, Hydrolyzed Corn Soy Wheat Gluten Protein, Onion Powder, Autolyzed Yeast Extract, Tumeric [Color], Natural Flavorings), less than 1/10 of 1% of Potassium Sorbate, and Sodium Benzoate as a Preservative, Spice.

ALLERGENS: Contains Milk, Soy, Wheat

Not Gluten Free

Nutrition Facts

Serving Size 1/2 cup (113g)
Serving Per Container 6

Amount Per Serving

Calories 160	Calories from Fat 60
	%Daily Value*
Total Fat 7g	**11%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 710mg	**30%**
Total Carbohydrate 22g	**7%**
Dietary Fiber 1g	**4%**
Sugars 3g	
Protein 3g	

Vitamin A 2% • Vitamin C 2%

Calcium 2% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Sweet Potato Casserole

INGREDIENTS: Filling (Sweet Potato, Butter [Cream, Salt], Eggs, Sugar, Light Cream [Mik, Cream], Maltodextrin, Cutured Dextrose, Sodium Diacetate, Egg White, Lysozyme, Nisin Preparation, Vanilla Extract [Water, Caramel Color, Vanillin, Ethyl Vanllin, and 0.1% Potassium Sorbate as a preservative], Salt, Food Starch-Modified), Topping (Butter [Cream, Salt], Brown Sugar [Sugar, Molasses], Enriched Flour [Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Marshmallows [Corn Syrup, Sugar, Modified Corn Starch, Gelatin, Tetrasodium Pyrophosphate (a whipping aid), Oatmeal, Cinnamon)].

ALLERGENS: Contains Milk, Wheat, Eggs

Not Gluten Free

Nutrition Facts

Serving Size 1 cup (190g)
Serving Per Container 2.5

Amount Per Serving	
Calories 460	Calories from Fat 270
	%Daily Value*
Total Fat 30g	**46%**
Saturated Fat 19g	**95%**
Trans Fat 0g	
Cholesterol 125mg	**42%**
Sodium 500mg	**21%**
Total Carbohydrate 45g	**15%**
Dietary Fiber 4g	**16%**
Sugars 23g	
Protein 4g	

Vitamin A 330%	•		Vitamin C 4%
Calcium 6%	•		Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Turkey Gravy

INGREDIENTS: Water, Turkey Gravy Mix, (Maltodextrin, Modified Food Starch, Enriched Bleached Wheat Flour [Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Turkey Fat, Whey, Hydrolyzed Soy Protein, Salt, Yeast Extract, Onion Powder, Silicon Dioxide (to prevent caking), Torula Yeast, Natural Flavor, Sugar, Caramel Color, Guar Gum, Spices, Chicken Fat, Disodium Inosinate, Disodium Guanylate), Minced Onion, Light Cream (Milk), Liquid Margaine (Liquid Soybean Oil and Hydrogenated Soybean Oil, Water, Salt, Vegetable Mono and Diglycerides, Whey, Soy Lecithin, Sodium Benzoate (added as preservative), Citric Acid (added to protect flavor), Artificial Flavor, Colored with Beta Carotene, Vitamin A {Palmitate) Added), Chicken, Modified Food Starch, Black Pepper, Paprika, Potassium Sorbate and Sodium Benzoate as Preservatives, Seasoning, Thyme, Gravy Master (Carmelized Sugar, Caramel Color, Water, Hydrolyzed Soy and Corn Protein, Apple Cider Vinegar, Salt and Spices (Onion, Celery, Parsley, Garlic).

ALLERGENS: Contains Milk, Wheat, Eggs, Soy

Not Gluten Free

Nutrition Facts

Serving Size 1/2 cup (85g)
Serving Per Container 8

Amount Per Serving

Calories 50	Calories from Fat 20
	%Daily Value*
Total Fat 2g	**3%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 370mg	**15%**
Total Carbohydrate 8g	**3%**
Dietary Fiber 0g	**0%**
Sugars 2g	
Protein 1g	

Vitamin A 2% • Vitamin C 6%

Calcium 2% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Maple Glazed Carrots

INGREDIENTS: Baby Carrots, Liquid margarine (Liquid Soybean Oil and Hydrogenated Soybean Oil, Water, Salt, Vegetable Mono and Diglycerides, Soy Lecithin, Sodium Benzoate, Calcium Disodium EDTA and Citric Acid added to protect flavor, Colored with Beta Carotene, Vitamin A {Palmitate} Added), Imitation Maple Syrup (Corn Syrup, Water, High Fructose Corn Syrup, Salt, Natural and Artificial Flavor, Potassium Sorbate, Sodium Benzoate and Benzoic Acid, Caramel Color and Cellulose Gum), Salt, Maltodextrin, Cultured Dextrose, Sdoium Diacetate, Egg White Lysozyme, Nisin Preparation, White Pepper, Parsley, Sodium Benzoate, Potassium Sorbate.

ALLERGENS: Contains Egg, Soy

Not Gluten Free

Nutrition Facts

Serving Size 3.5 oz (100g)

Amount Per Serving

Calories 120	Calories from Fat 60
	%Daily Value*
Total Fat 7g	**11%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 250mg	**10%**
Total Carbohydrate 13g	**4%**
Dietary Fiber 2g	**8%**
Sugars 7g	
Protein 1g	

Vitamin A 260%	•	Vitamin C 10%	
Calcium 4%	•	Iron 0%	

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Split Turkey Breast

INGREDIENTS: Split turkey breast with ribs and back portions. Contains up to 22% solution of: water, seasoning (salt, maltodextrin, turkey broth, natural falvor, polysorbate 80), sodium phosphate.

ALLERGENS: No Allergens (Top 8)

Gluten Free

Nutrition Facts

Serving Size 3 oz (84g)

Amount Per Serving

Calories 130	Calories from Fat 50
	%Daily Value*
Total Fat 6g	**9%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 50mg	**17%**
Sodium 300mg	**13%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Sugars 0g	
Protein 17g	

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Macaroni and Cheese

INGREDIENTS: Cooked Enriched Macaroni (semolina wheat flour, egg, iron, niacin, thiamine mononitrate, riboflavin, folic acid), Milk, Water, Pasteurized Process Cheese Spread (american cheese [pasteurized milk, cheese culture, salt, enzymes], water whey, sodium phosphate, whey protein concentrate, skim milk, salt, milkfat, artificial color), Cheddar Cheese (cheddar cheese [milk, artificial color, cheese culture, salt, enzymes], water, salt, annatto color), Margarine (vegetable oil blend [liquid soybean oil, partially hydrogenated soybean oil], water, salt, whey [milk], soy lecithin, vegetable mono and diglycerides, sodium benzoate [to protect quality], artificial flavor, citrict acid, vitamin A palmitate), Modified Corn Starch, Salt, Potassium, Sorbate and Sodium Benzoate to protect flavor, Annatto Color

ALLERGENS: Contains Milk, Soy, Egg, Wheat

Not Gluten Free

Nutrition Facts

Serving Size 1 cup (250g)
Serving Per Container 2.5

Amount Per Serving	
Calories 320	Calories from Fat 130
	%Daily Value*
Total Fat 14g	**22%**
Saturated Fat 6g	**30%**
Trans Fat 0g	
Cholesterol 30mg	**10%**
Sodium 1,120mg	**47%**
Total Carbohydrate 34g	**11%**
Dietary Fiber 2g	**8%**
Sugars 5g	
Protein 14g	

Vitamin A 10%	•	Vitamin C 0%
Calcium 25%	•	Iron 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Poultry Gravy

INGREDIENTS: Water, Turkey Gravy Mix (Maltodextrin, Modified Food Starch, Enriched Bleached Wheat Flour[Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Turkey Fat, Whey, Hydrolyzed Soy Protein, Salt, Yeast Extract, Onion Powder, Silicon Dioxide{to prevent caking}, Torula Yeast, Natural Flavor, Sugar, Caramel Color, guar Gum, Spices, Chicken Fat, Disodium Inosinate, Disodium Guanylate), Minced Onion, Light Cream (Milk), Liquid Margarine (Liquid Soybean Oil and Hydrogenated Soybean Oil, Water, Salt, Vegetable Mono and Diglycerides, Whey, Soy Lecithin, Sodium Benzoate {added as preservatives}, Citric Acid {added to protect flavor}, Artificial Flavor, Colored With Beta Carotene, Vitamin A {Palmitate} Added), Chicken, Modified Food Starch, Black Pepper, Paprika, Potassium Sorbate and Sodium Benzoate as Preservatives, Seasoning, Thyme, Gravy Master (Caramelized Sugar, Caramel Color, Water, Hydrolyzed Soy and Corn Protein, Apple Cider Vinegar, Salt and Spices[Onion, Celery, Parsley, Garlic]).

ALLERGENS: Contains Milk, Soy, Wheat

Nutrition Facts

Serving Size 1/2 cup 3 oz (85g)
Serving Per Container 8

Amount Per Serving

Calories 50	Calories from Fat 20
	%Daily Value*
Total Fat 2g	**3%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 370mg	**15%**
Total Carbohydrate 8g	**3%**
Dietary Fiber 0g	**0%**
Sugars 2g	
Protein 1g	

Vitamin A 2% • Vitamin C 6%

Calcium 2% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

New England Clam Chowder

INGREDIENTS: CLAM BROTH FROM CONCENTRATE, LIGHT CREAM, CLAM MEAT, POTATOES, ONIONS, CONTAINS 2% OR LESS OF: BUTTER (CREAM, SALT) WHEAT FLOUR, MODIFIED FOOD STARCH, SALT PORK (CURED WITH WATER, SALT), GARLIC. FISH STOCK (POLLOCK, SALT, CODFISH), NISIN PREPARATION, SALT AND SPICE.

ALLERGENS: Contains Milk, Fish, Shellfish, Wheat

Not Gluten Free

Nutrition Facts

Serving Size 1 cup (245g)
Serving Per Container 3

Amount Per Serving

Calories 270	Calories from Fat 160
	%Daily Value*
Total Fat 18g	**28%**
Saturated Fat 11g	**55%**
Trans Fat 0g	
Cholesterol 65mg	**22%**
Sodium 770mg	**32%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 1g	**4%**
Sugars 1g	
Protein 11g	

Vitamin A 10%	•	Vitamin C 25%	
Calcium 15%	•	Iron 15%	

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Organic Tomato Bisque

INGREDIENTS: Organic Tomatoes (Organic Tomatoes, Organic Tomato Juice, Sea Salt, Naturally Derived Citric Acid and Calcium Chloride), Organic Milk, Organic Butter (Organic Cream, Salt), Water, Organic Cane Sugar, Organic Corn Starch, Organic Basil, Salt and Organic Spices. Organic Ingredients

ALLERGENS: Contains Milk

Not Gluten Free

Nutrition Facts

Serving Size 1 cup (245g)
Serving Per Container 3

Amount Per Serving	
Calories 110	Calories from Fat 45
	%Daily Value*
Total Fat 5g	**8%**
Saturated Fat 3.5g	**18%**
Trans Fat 0g	
Cholesterol 15mg	**5%**
Sodium 420mg	**18%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 1g	**4%**
Sugars 9g	
Protein 3g	

Vitamin A 20%	•	Vitamin C 70%	
Calcium 8%	•	Iron 6%	

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Pumpkin Bisque

INGREDIENTS: Water, Pumpkin, Light Cream, Sweet Potatoes, Onions, Butter (Cream, Salt), Brown Sugar, Contains 2% or less of: Rice Starch, Salt, Nisin Preparation and Spices.

ALLERGENS: Contains Milk

Gluten Free

Nutrition Facts

Serving Size 1 cup (245g)
Serving Per Container 3

Amount Per Serving

Calories 240	Calories from Fat 140
	%Daily Value*
Total Fat 16g	**25%**
Saturated Fat 10g	**50%**
Trans Fat 0g	
Cholesterol 50mg	**17%**
Sodium 190mg	**8%**
Total Carbohydrate 21g	**7%**
Dietary Fiber 2g	**8%**
Sugars 8g	
Protein 2g	

Vitamin A 320% • Vitamin C 10%

Calcium 8% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Chicken Noodle Soup (Reduced Sodium)

INGREDIENTS: Chicken Broth, Chicken, Onions, Celery, Pasta (Wheat, Egg Whites, Eggs, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Carrots, Contains 2% or less of: Chicken Flavor (Salt, Corn Syrup, Natural Flavor, Yeast Extract, Onion Powder and Garlic Powder), Olive Oil, Garlic, Nisin Preparation, Parsley, Acacia and Xanthan Gum, Sea Salt and Spices.

ALLERGENS: Contains Wheat

Not Gluten Free

Nutrition Facts

Serving Size 1 cup (245g)
Serving Per Container 3

Amount Per Serving

Calories 120	Calories from Fat 25
	%Daily Value*
Total Fat 2.5g	**4%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 35mg	**12%**
Sodium 320mg	**13%**
Total Carbohydrate 11g	**4%**
Dietary Fiber 1g	**4%**
Sugars 2g	
Protein 13g	

Vitamin A 60% • Vitamin C 6%

Calcium 2% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Creamy Tomato Bisque

INGREDIENTS: Light Cream, Tomato Sauce (Tomato Puree, Salt, Citric Acid, Spices), Water, Tomato Paste (Tomatoes, Water, Citric Acid), Onions, Contains 2% or less of: Chicken Base (Chicken, Salt, Chicken Fat, Dextrose, Sugar, Natural Flavorings, Roast Chicken Flavor, Chicken Broth, Turmeric), Modified Food Starch, Sugar, Olive Oil, Basil, Chicken Flavor (Hydrolyzed Soy, Maltodextrin, Gum Arabic, Salt, Xanthan Gum), Hot Sauce (Vinegar, Red Pepper, Salt), Spices, Nisin Preparation and Annatto (Color).

ALLERGENS: Contains Milk and Soy

Not Gluten Free

Nutrition Facts

Serving Size 1 cup (245g)
Serving Per Container 3

Amount Per Serving

Calories 240	Calories from Fat 150
	%Daily Value*
Total Fat 17g	**26%**
Saturated Fat 10g	**50%**
Trans Fat 0g	
Cholesterol 55mg	**18%**
Sodium 1,080mg	**45%**
Total Carbohydrate 20g	**7%**
Dietary Fiber 2g	**8%**
Sugars 12g	
Protein 3g	

Vitamin A 20% • Vitamin C 20%

Calcium 8% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Shrimp & Corn Chowder

INGREDIENTS: Water, Light Cream, Potatoes, Onions, Corn, Shrimp, Red Bell Peppers, Contains 2% or less of: Roasted Corn, Sugar, Butter (Cream, Salt), Modified Corn Starch, Wheat Flour, Soybean Oil, Salt, Roast Flavor (Sunflower Oil, Natural Flavor), Shrimp Flavor (Shrimp, Salt, Codfish), Garlic, Nisin Preparation and Spices.

ALLERGENS: Contains: Milk, Shellfish (Shrimp), Wheat, Soy and Fish (Cod).

Not Gluten Free

Nutrition Facts

Serving Size 1 cup (245g)
Serving Per Container 3

Amount Per Serving

Calories 270	Calories from Fat 140
	%Daily Value*
Total Fat 16g	**25%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 75mg	**25%**
Sodium 650mg	**27%**
Total Carbohydrate 25g	**8%**
Dietary Fiber 2g	**8%**
Sugars 8g	
Protein 7g	

Vitamin A 20% • Vitamin C 45%

Calcium 8% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Minestrone Soup

INGREDIENTS: Water, Tomato Sauce (Tomato Puree, Salt, Citric Acid, Spices, Natural Flavor), Kidney Beans (Kidney Beans, Water, Salt, Calcium Chloride, Sodium EDTA [To Protect Color]), Tomatoes (Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid), Spinach, Carrots, Onions, Pasta (Wheat, Water, Egg White, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Mushrooms, Celery, Contains 2% or less of: Cabbage, Vegetable Base (Vegetable Base (Salt, Lactose, Hydrolyzed Corn Protein, Sugar, Hydrolyzed Soy Protein, Torula Yeast, Onion Powder, Autolyzed Yeast, Disodium Inosinate, Disodium Guanylate, Turmeric, Natural Flavorings, Spices, Hydrolyzed Soy Wheat Gluten Protein, Soy Flour), Basil, Olive Oil, Nisin Preparation, Garlic, Parsley and Spices.

ALLERGENS: Contains Egg, Soy and Wheat

Not Gluten Free

Nutrition Facts

Serving Size 1 cup (245g)
Serving Per Container 3

Amount Per Serving

Calories 100	Calories from Fat 10
	%Daily Value*
Total Fat 1g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 1,040mg	**43%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 18g	**72%**
Sugars 2g	
Protein 4g	

Vitamin A 30%	•	Vitamin C 25%	
Calcium 4%	•	Iron 8%	

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Beef Chili with Beans

INGREDIENTS: Tomatoes (Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid), Beef, Kidney Beans (Kidney Beans, Water, Salt, Calcium Chloride, Sodium EDTA [To Protect Color]), Water, Onions, Green Bell Peppers, Poblano Peppers, Contains 2% or less of: Beef Base (Beef, Salt, Sugar, Dextrose, Corn Oil, Flavorings, Beef Stock, Dried Whey, Caramel Color), Garlic, Tomato Paste (Tomatoes, Water, Citric Acid), Chipotle Pepper Paste (Red Chili, Chipotle and Roasted Red Bell Peppers, Salt, Sugar), Modified Food Starch, Chili Powder (Salt, Spices), Soybean Oil, Cilantro, Nisin Preparation and Spices.

ALLERGENS: Contains Dairy and Soy

Not Gluten Free

Nutrition Facts

Serving Size 1 cup (245g)
Serving Per Container 3

Amount Per Serving

Calories 240	Calories from Fat 80
	%Daily Value*
Total Fat 9g	**14%**
Saturated Fat 3g	**15%**
Trans Fat 0g	
Cholesterol 50mg	**17%**
Sodium 900mg	**38%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 2g	**8%**
Sugars 6g	
Protein 23g	

Vitamin A 15% • Vitamin C 10%

Calcium 4% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Broccoli & Cheese Soup

INGREDIENTS: Chicken Stock (Water, Chicken Base [Chicken, Salt, Chicken Fat, Dextrose, Sugar, Natural Flavorings, Roast Chicken Flavor, Chicken Broth, Turmeric]), Cream, Broccoli, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto and Cellulose to Prevent Caking), Monterey Jack Cheese (Pasteurized Milk, Culture, Salt, Enzymes), Contains 2% or less of: Romano Cheese (Sheep's Milk, Cheese Culture, Salt, Rennet), Modified Food Starch, Cheese Flavor (Contains Water, Salt, Cream and Butter Fat, Xanthan Gum), Butter (Cream, Salt), Wheat Flour, Hot Sauce (Vinegar, Red Peppers, Salt), Spice and Nisin Preparation.

ALLERGENS: Contains Dairy and Wheat

Not Gluten Free

Nutrition Facts

Serving Size 1 cup (245g)
Serving Per Container 3

Amount Per Serving

Calories 320	Calories from Fat 220
	%Daily Value*
Total Fat 24g	**37%**
Saturated Fat 15g	**75%**
Trans Fat 0g	
Cholesterol 80mg	**27%**
Sodium 980mg	**41%**
Total Carbohydrate 13g	**4%**
Dietary Fiber 1g	**4%**
Sugars 3g	
Protein 12g	

Vitamin A 20% • Vitamin C 25%

Calcium 30% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Roasted Vegetable Soup

INGREDIENTS: Vegetable Stock (Water, Vegetable Base [Carrots, Onions, Celery, Salt, Sugar, Maltodextrin, Corn Oil, Yeast Extract, Natural Flavor, Potato Starch, Agar]), Diced Tomatoes (Tomatoes, Tomato Juice, Calcium Chloride, Citric cid), Roasted Corn, Carrots, Green Beans, Zucchini Squash, Yellow Squash, Onions, Roasted Red Bell Peppers, Celery, Contains 2% or less of: Roasted Poblano Peppers, Olive Oil, Garlic, Parsley, Basil, Acacia & Xanthan Gum, Nisin Preparation and Spices

ALLERGENS: No Allergens (Top 8)

Gluten Free

Nutrition Facts

Serving Size 1 cup (245g)
Serving Per Container 3

Amount Per Serving	
Calories 90	Calories from Fat 25
	%Daily Value*
Total Fat 2.5g	**4%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 480mg	**20%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 3g	**12%**
Sugars 4g	
Protein 2g	

Vitamin A 30% • Vitamin C 25%

Calcium 2% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Tuscan Chicken Soup

INGREDIENTS: Chicken Stock, Tomatoes (Tomatoes, Tomato Puree, Salt, Calcium Chloride, Citric Acid), Chicken Chicken Meat, Water, Modified Corn Starch, Salt), Great Northern Beans, Spinach, Onions, Fennel, Green Bell Peppers,Contains 2% or less of: Chicken Base (Chicken, Salt, Chicken Fat, Dextrose, Sugar, Natural Flavorings, Roast Chicken Flavor, Chicken Broth, Turmeric), Shallots, Garlic, Romano Cheese (Sheep's Milk, Cheese Culture, Salt, Rennet), Olive Oil, Acacia & Xanthan Gum, Basil, Nisin Preparation and Spices.

ALLERGENS: Contains Milk

Gluten Free

Nutrition Facts

Serving Size 1 cup (245g)
Serving Per Container 3

Amount Per Serving

Calories 100	Calories from Fat 25
	%Daily Value*
Total Fat 2.5g	**4%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 20mg	**7%**
Sodium 660mg	**28%**
Total Carbohydrate 10g	**3%**
Dietary Fiber 2g	**8%**
Sugars 5g	
Protein 11g	

Vitamin A 20% • Vitamin C 8%

Calcium 6% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g